Sample Plan of Study for the MPH with a PBC in Workplace Wellness

To earn the PBC in Workplace Wellness, students complete at least 9 credit hours. Academic credit generated in the certificate program may be used to meet requirements in another graduate degree program in accordance with the policies of the Graduate School and in consultation with your advisor. MPH degree-seeking students may choose to complete the PBC requirements without extending the length of their current program. Examples are provided below to demonstrate the course sequence needed to complete both the MPH and the PBC.

**Sample MPH and PBC Course Sequence**

**Full-Time Student (2 Years to Graduation)**  
PBC Approved Elective Course

| Year 1 FALL (12 total hours) | HEA 601: Foundations of Public Health  
HEA 607: Determinants of Health  
HEA 621: Public Health Theories & Strategies |
|-------------------------------|---------------------------------------------------------------------------------|
| Year 1 SPRING (12 total hours) | HEA 602: Epidemiology Methods (pre-reqs, 601 & 604)  
**HEA 616: Workplace Health Promotion**  
HEA 618: Assessment & Planning 1 (pre-reqs 601 & 621)  
HEA 619: Systems, Leadership & Policy 1 (pre-reqs, 601 & 607) |
| Year 1 SUMMER | HEA 623: Assessment and Planning II (pre-reqs, 618 & 619)  
HEA 624: Systems, Leadership & Policy II (pre-reqs, 618 & 619)  
HEA 625: Evaluation Methods (pre-reqs, 602 & 604)  
**HEA 716: Promoting Worker and Workplace Health and Safety (pre-req, 616)** |
| Year 2 FALL (12 total hours) | HEA 607: Determinants of Health  
HEA 621: Public Health Theories & Strategies  
**HEA 716: Promoting Worker and Workplace Health and Safety (pre-req, 616)** |
| Year 2 SPRING (9 total hours) | HEA 650: Comm Health Internship/Practicum (6 credits)  
**HEA 717: Practicum in Workplace Wellness (pre-reqs, 616 & 716)** |

**Sample part-time MPH and PBC Course Sequence**

**Part-Time Student (3 Years to Graduation)**  
PBC Approved Elective Course

| Year 1 FALL (6 total hours) | HEA 601: Foundations of Public Health  
HEA 604: Quantitative Methods |
|-------------------------------|---------------------------------------------------------------------------------|
| Year 1 SPRING (6 total hours) | HEA 602: Epidemiology Methods (pre-reqs, 601 & 604)  
**HEA 616: Workplace Health Promotion** |
| Year 1 SUMMER | HEA 607: Determinants of Health  
HEA 621: Public Health Theories & Strategies  
**HEA 716: Promoting Worker and Workplace Health and Safety (pre-req, 616)** |
| Year 2 FALL (9 total hours) | HEA 618: Assessment & Planning 1 (pre-reqs 601 & 621)  
HEA 619: Systems, Leadership & Policy 1 (pre-reqs, 601 & 607) |
| Year 2 SPRING (6 total hours) | HEA 623: Assessment and Planning II (pre-reqs, 618 & 619)  
HEA 624: Systems, Leadership & Policy II (pre-reqs, 618 & 619)  
HEA 625: Evaluation Methods (pre-reqs, 602 & 604) |
| Year 3 FALL (9 total hours) | HEA 650: Comm Health Internship/Practicum (6 credits)  
**HEA 717: Practicum in Workplace Wellness (pre-reqs, 616 & 716)** |