

## **JEFFREY JOHN MILROY, DrPH, MPH**

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Department of Public Health Education, Institute to Promote Athlete Health & Wellness  
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### **EDUCATIONAL BACKGROUND**

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2006 - 2010	University of North Carolina at Greensboro, Greensboro, NC Department of Public Health Education Doctor of Public Health, Community Based Participatory Research
2004 - 2006	University of North Carolina at Greensboro, Greensboro, NC Department of Public Health Education Masters of Public Health
1999 - 2002	State University of New York at Potsdam, Potsdam, NY Department of Community Health Bachelor of Science in Community Health Minor: English/Communication

### **PUBLIC HEALTH PROFESSIONAL EXPERIENCE (selected)**

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2016-present	<b>Assistant Professor &amp; Associate Director</b> University of North Carolina Greensboro Department of Public Health Education, Institute to Promote Athlete Health & Wellness
2013-2016	<b>APT Assistant Professor &amp; Associate Director</b> University of North Carolina Greensboro Department of Public Health Education, Institute to Promote Athlete Health & Wellness
2009-2013	<b>APT Assistant Professor</b> Elon University Department of Health and Human Performance.
2009-2013	<b>Director of Programs</b> Prevention Strategies, LLC.
2002-2004	<b>Therapy Support Worker</b> Lawlor Therapy Support Services Inc.

### **HONORS, AWARDS (nominations) & CERTIFICATIONS**

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2020	Honoree: UNC Greensboro Faculty Excellence in Research and Creative Activity
2018	Nominated for UNC Greensboro HHS Teaching Award for HEA 625
2018	Award: Kinney professional development; RALIANCE SVP Think Tank; San Diego, CA
2017	Award: Outstanding undergraduate advisor
2017	Certificate: CITI Good Clinical Practice Certificate
2014	Certificate: SBIR Grant writing; Charlottesville, VA
2013-present	Certificate: Introduction & Advanced Motivational Interviewing: <i>tflewisconsulting, LLC.</i>
2011-present	Certificate: Certified Wellness Coach: <i>Real Balance Inc.</i>
2008	Certificate: National Institutes of Health; Regional Grant Writing Seminar; Atlanta, GA
2007	Award: Marian K. Solleder Award for Professional Development

<b>COURSES TAUGHT</b>	<b>Semesters</b>	<b>Enrollment</b>
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**Elon**

HED 111: Contemporary Wellness Issues (Undergraduate) Department of Health and Human Performance Elon University	9	25
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GST 285: Perspectives in Personal and Global Health (Undergraduate) General Studies Elon University/Diversity Themed Course	1	10
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**UNCG**

HEA 201: Personal Health (Undergraduate) Department of Public Health Education University of North Carolina Greensboro	3	50 avg.
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HEA 308: Introduction to Public Health (Undergraduate) Department of Public Health Education University of North Carolina Greensboro	1	35
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HEA 331: Alcohol, Tobacco and Other Drugs (undergraduate) Department of Public Health Education University of North Carolina Greensboro	1	75
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HEA 648: Applied Program Planning (Graduate) Department of Public Health Education University of North Carolina Greensboro	4	25 avg.
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HEA 650: Community Health Internship/Practicum (Graduate) Department of Public Health Education University of North Carolina Greensboro	4	25 avg.
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HEA 625: Community Health Education Program Evaluation (Graduate) Department of Public Health Education University of North Carolina Greensboro	2	25 avg.
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HEA 695: Independent study in Community Health Education Department of Public Health Education University of North Carolina Greensboro	6	1 avg.
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**THESIS/DISSERTATION/DOCTORAL COMMITTEE SUPPORT**

Brooks Youngmark	(2020-present) UNC Greensboro; Diabetes education
Pauline Privitera (PhD)	(2019-present) UNC Greensboro; Social determinants of health among youth
Quin Duclos (PhD)	(2017-present) UNC Greensboro; Diabetes and rural communities.
Aviry Reich (PhD; counselling)	(2016-2019) UNC Greensboro; Care-seeking behaviors among collegiate student-athletes.
Lindsey Oakes (PhD)	(2016-2020) UNC Greensboro; <i>Promoting health among students with intellectual and developmental disabilities.</i>

Deirdre Moyer (PhD) (2015-2019) Walden University; *Examination of Etiological Differences in Body Satisfaction Among Obese, Young Adult African American and Caucasian Females in Rockingham County, North Carolina*

Deanna Gardner (PhD) (2015-2017) Nova Southeastern University; *Doctoral practicum: development of a health course on global women's health.*

## **STUDENT/POST DOC RESEARCH MENTORSHIP & COLLABORATIONS**

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Brooks Youngmark (2020-present) esport athletes and substance use prevention; Institute to Promote Athlete Health & Wellness

Quinn Duclos (2019-present) Concussion care seeking among college club sport athletes; Dissertation committee

Pauline Privitera (2019-present) NINR funded research; Institute to Promote Athlete Health & Wellness

Brittany Chesney (2019-present) Institute to Promote Athlete Health & Wellness

Emily Beamon (MPH & PhD) (2018-present) Evaluation of Step Up! (National and Washington State)  
(2017-2018) National Football League Foundation Evaluation of Inside Out Initiative

Alicia Miller (MPH) (2018-2020) Intersection of alcohol and sex among college students

Thayley Heggie (MPH) (2017-2019) Institute to Promote Athlete Health & Wellness

Shemeka Thorpe (PhD) (2016-2020) Intersection of Alcohol and sex among college students.

Samuella Ware (2016-2020) Intersection of Alcohol and sex among college students.

Lindsey Oakes (PhD) (2016-2020) Promoting health among students with intellectual and developmental disabilities.

Aviry Reich (PhD; counselling) (2016-2019) Investigating mental health care-seeking behaviors of collegiate student-athletes. Lindsey Sanders (PhD) (2015-2019) Cluster analysis of protective behavioral strategies of collegiate student-athletes.  
(2016-present) Polysubstance use among first-year NCAA college student-athletes.

Nicole Thomas (MPH) (2016-2018) Institute to Promote Athlete Health & Wellness

Danielle Vega (MPH) (2016-2018) Institute to Promote Athlete Health & Wellness

Abby DuPre (MPH) (2016-2017) Evaluation of the Let Me Run Program.

Jessica Brezwyn (UG) (2015-2017) Concussion disclosure among club sport student-athletes.

Taylor Truitt (UG) (2016-2017) Concussion disclosure among club sport student-athletes.

Kelley Massengale (PhD) (2015-2016) Perceived norms and alcohol use within first-year college student-athletes' friendship networks

Kate Egan (PhD) (2015-2016) Synthetic Marijuana Use and Descriptive Norms among Collegiate Student-Athletes

Dr. Erin Reifsteck (post-doc) (2014-2015) Investigating AOD use and related consequences among NCAA student-athletes  
(2015-2016) Predictors of physical activity engagement among college students.

Ashley Frazier (PhD) (2013-2016) Spartan Choices: AOD prevention among athlete and non-athlete college students.  
(2015-2016) Athletic culture and sport-related concussion disclosure: the role of coaching style.

Dr. Alice Ma (PhD)	(Use of protective behavioral strategies in alcohol use and hookups among transgender college students.
Dr. Brittany Chambers (PhD)	First year college students' alcohol and sexual behaviors: Navigating hookup scripts
GracieLee Weaver (PhD)	(2014-2016) Health Coaching for coaches: development of an evidence-based intervention for coaches to promote health among student-athletes.
Stephen Hebard (PhD)	(2013-2015) Manuscript development; physical abuse of youth athletes (2015-present) Coach attachment and sport-related concussion reporting among collegiate student-athletes.
Megan Lee (MPH)	(2014-2015) Adaptive and maladaptive coping strategies exhibited by NCAA student-athletes
Tim Day (PhD)	(2014-2015) Evaluation of GoFar: a physical activity and character development program for elementary and school aged youth.
Elise Eifert (DrPH)	(2012) Quality of Life, Balance and Functional Fitness among adult day center attendees
Maggie Taylor (MS)	(2012) Quality of Life, Balance and Functional Fitness among adult day center attendees
Sherri Vettel (MPH)	(2012) Internship co-preceptor: Food insecurities among NC residents
Gherdai Hassel (PHE UG)	(2012) Physical Activity Motivation among Female College Students
Kricket Feeney (HHP UG)	(2009) AOD use among Student-athletes
Michael Koech (PHE UG)	(2010) Health messages of Hookah use via web media

## PEER REVIEWED PUBLICATIONS

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1. Hebard, S. P., Davoren, A., **Milroy, J. J.**, Oakes, L. R., Redman, J., Ehrmann, J., Wyrick, D. L. (Under Review). Reclaiming the Educational Purpose of Sport: The InSideOut Initiative (ISOI) Logic Model. *Journal of Educational Research*.
2. **Milroy, J. J.**, Oakes, L., & Hickerson, B. (UNDER REVIEW). Design Thinking: Assessing the health needs of college students with intellectual and developmental disabilities. *Journal of Applied Research in Disabilities*.
3. **Milroy, J. J.**, Lee, D. S., Hanna, K., Vandelinde, T., Kaufman, K. L., Raj, A., Barker, K., Sitney, M., Lipman, A., Glace, A., Kyler-Yano, J. (UNDER REVIEW). *Journal of Interpersonal Violence*.
4. Kaufman, K. L., Lee, D. S., Raj, A., **Milroy, J. J.**, Sitney, M., Lipman, A., Glace, A., Kyler-Yano, J. (UNDER REVIEW). The Role of Theory in the Prevention of Sexual Violence in Sports. *Journal of Interpersonal Violence*.
5. Rulison, K. L., Wyrick, D. L., **Milroy, J. J.** (UNDER REVIEW). A randomized iterative approach to optimizing an online substance use intervention for collegiate athletes. *Journal of Studies on Alcohol and Drugs*.
6. Zamboanga, B. L., Merrill, J. E., Olthuis, J. V., Martin, J. L., Cannon, M., Jarrell, J. T., Meca, A., **Milroy, J. J.**, & Wyrick, D. L. (UNDER REVIEW). Heavy episodic drinking, high intensity drinking, and alcohol consequences in a national sample of NCAA student-athletes: Do gender and race/ethnicity matter? *Drug and Alcohol Dependence*.
7. Oakes, L., Nichols, T., Schleien, S., **Milroy, J. J.**, Strack, B. (UNDER REVIEW). Exploring Inclusion of College Students with IDD in Campus Recreation and Sports Through the Lens of IPSE Programs' Organizational Level Stakeholders. *Journal of Inclusive Postsecondary Education*.

8. Oakes, L., Nichols, T., Schleien, S., **Milroy, J. J.**, Strack, B. (UNDER REVIEW). Exploring Inclusion of College Students with IDD in Campus Recreation and Sports Through the Lens of Recreation and Sports Departments. *Recreational Sports Journal*
9. Wyrick, D. L., Tanner, A. E., **Milroy, J. J.**, Guastafarro, K. M., Bhandari, S., Kugler, K. C., Thorpe, S., Ware, S., Miller, A. M., & Collins, L. M. (2020) itMatters: Optimization of an online intervention to prevent sexually transmitted infections in college students. *Journal of American College Health*.
10. **Milroy, J. J.**, Rulison, K. L., Sanders, L., Mendenhall, B., Wyrick, D. L. (2020). Using the Integrated Behavioral Model to Determine Sport-Related Concussion Reporting Among Collegiate Student-Athletes. *Journal of Adolescent Health*. 66(6), 705-712.
11. Reich, A. L., **Milroy, J. J.**, Wyrick, D. L., Hebard, S. P. (In press). A social ecological framework: Counselor's role in improving student-athletes' help-seeking behaviors. *Journal of College Counseling*, 1-20.
12. Weaver, G., Kroshus, E., **Milroy, J. J.**, Wyrick, D. L. (In Press). Student Awareness of Campus Medical Amnesty Policies. *Journal of American College Health*.
13. Thorpe, S., Tanner, A. E., Ware, S., Guastafarro, K. M., **Milroy, J. J.**, & Wyrick, D. L. (In Press). First-year Black college students' alcohol expectancies: Implications for intersectional interventions. *American Journal of Health Education*
14. Kroshus, E., Cameron, Coatsworth, D., D'Lauro, C., Kim, Lee, Register-Mihalik, J., **Milroy, J. J.**, Roetert, P., Schmidt, J., Silverman, R. (2020). Actionable approaches to improving concussion care seeking: Consensus from the NCAA-Department of Defense Mind Matters Research and Education. *British Journal of Sports Medicine*.
15. **Milroy, J. J.**, Sanders, L., Mendenhall, B., Dudley, W., Wyrick, D. L. (2020). A latent profile analysis to categorize and describe athletes based on factors related to concussion disclosure. *Journal of Athletic Training*.
16. Oakes, L. R., Hickerson, B. D., & **Milroy, J. J.** (2020). Let's Talk about Health: Engaging College Students with Intellectual and/or Developmental Disabilities and Support Staff in Conversations about Health and Wellness Needs. *Journal of Inclusive Postsecondary Education*, 2(1).  
<https://doi.org/10.13021/jipe.2020.2476>
17. Longo, L. M., Martin, J. L., Zamboanga, B. L., **Milroy, J. J.**, & Wyrick, D. L. (2020). Ethnic, gender, and seasonal difference in heavy drinking and protective behavioral strategies among student-athletes. *Journal of Ethnicity and Substance Abuse*, 19(2):253-270. DOI: 10.1080/15332640.2018.1520172
18. **Milroy, J. J.**, Wyrick, D. L., Sanders, L., Refistek E. J., Beamon, E. (2019). Student-athlete concussion disclosure and coach communication within collegiate athletics. *Journal of Concussion*, DOI: 10.1177/2059700219894104
19. Zamboanga, B. L., Merrill, J. E., Olthius J. V., **Milroy, J. J.**, Sokolovsky, A.W., Wyrick, D. L. (2019). Secondary Effects of myPlaybook on College Athletes' Avoidance of Drinking Games or Pregaming as a Protective. *Social Science & Medicine*, 228:135-141. doi: 10.1016/j.socscimed.2019.02.016.
20. Sanders, L., Dudley, W., **Milroy, J. J.**, Wyrick, D. L. (2019). Profiling of Student-Athletes using Protective Behavioral Strategies and Alcohol Use Based on Cluster Analysis Assignment. *Social Work and Social Sciences Review*, 20(2), <http://dx.doi.org/10.1921/swssr.v20i2.1246>
21. Oakes, L., **Milroy, J. J.**, Hickerson, B. (2019). Health Disparities and Health Promotion Needs of College Students with Intellectual and/or Developmental Disabilities: A Systematic Literature Review. *Journal of American College Health*, 29:1-12.
22. Thorpe S., Tanner, A. E., Kugler, K. C., Chambers, B. D., Ma, A., Jenkins Hall W., Ware, S., **Milroy, J. J.**, Wyrick, D. L. (2019) First year college students' alcohol and hookup behaviours: Sexual scripting and

implications for sexual health promotion. *Culture, Health, and Sexuality*. DOI: 10.1080/13691058.2019.1688868

23. Thorpe, S., Ware, S., Tanner, A. E., Kugler, K. C., Guastafarro, K. M., **Milroy, J. J.**, & Wyrick D. L (2019). Sexual sensation seeking, hookups, and alcohol consumption among first-year college students. *Journal of American College Health*. 10.1080/07448481.2020.1713136
24. Orsini, M. M., **Milroy, J. J.**, Bernick, J. B., Bruce, S., Gonzalez, J., Bell, B., & Wyrick, D. L. (2019). Bystander intervention training that goes beyond sexual violence prevention. *American Journal of Health Studies*, 34(2), 23-57.
25. Oakes, L., Miller, K., & **Milroy, J. J.** (2018). Postsecondary Education Programs: A New Employment Opportunity for Licensed and/or Certified Therapeutic Recreation Specialists. *Therapeutic Recreation Journal*.
26. **Milroy, J. J.**, Hebard, S., Kroshus, E., Wyrick, D. L. (2018). Sport-related Concussion Reporting and Coach-Athlete Attachment Among Collegiate Student-Athletes. *Journal of Clinical Sport Psychology*. DOI: 10.1123/jcsp.2017-0029
27. Kroshus, E., Chrissman, S. P. D., **Milroy, J. J.**, Baugh, C. (2018). History of concussion diagnosis, differences in concussion reporting behavior, and self-described reasons for non-report. *Journal of Clinical Sport Psychology*.
28. Orsini, M. M., **Milroy, J. J.**, Wyrick, D. L., & Sanders, L. (2018). Polysubstance use among first-year NCAA college student-athletes. *Journal of Child & Adolescent Substance Abuse*. 1(Supp 1).
29. Christine Kugler, K., Tanner, A., Wyrick, D., Milroy, J., Chambers, B., Ma, A., & Collins, L. (2017). 2526: Using the multiphase optimization strategy to engineer an optimized STI preventive intervention among college students. *Journal of Clinical and Translational Science*, 1(S1), 82-82. doi:10.1017/cts.2017.289
30. Massengale, K. E. C., Ma, A., Rulison, K., **Milroy, J.** & Wyrick, D (2017). Perceived norms and alcohol use among first-year college student-athletes' different types of friends. *Journal of American College Health*, 65(1) 32-40. doi: 10.1080/07448481.2016.1233557
31. Lewis, T. F., **Milroy, J. J.**, Wyrick, D. L., Wachtel, K., Hebard, S., (2016). Binge and Non-binge Drinking Student-Athletes: The Role of Proximal Norms, Negative Expectancies, and Selected Socio-Demographic Variables. *Journal of Child & Adolescent Substance Abuse*. DOI: 10.1080/1067828X.2016.1222978
32. Wyrick, D.L., **Milroy, J.J.**, Reifsteck E.J., Rulison K.L., Fearnow-Kenney M., & Dudley W.N. (2016). Investigating risk factors predictive of problem outcomes experienced by first year drinking and non-drinking collegiate student-athletes. *Journal of Alcohol and Drug Education*. 60(3).
33. Fearnow-Kenney, M., Wyrick, D. L., **Milroy, J. J.**, Reifsteck, E., Kelly, S.E., Day, T.F. (2016). The Effect of a Web-Based Alcohol Prevention Program on Social Norms, Expectancies, and Intentions to Prevent Harm among College Student-Athletes. *The Sport Psychologist*. 30(2),113-122.
34. Egan, K., Erasquin, J., **Milroy, J.J.**, Wyrick, D.L. (2016). Synthetic Cannabinoid Use and Descriptive Norms among Collegiate Student-Athletes. *Journal of Psychoactive Drugs*.1-7
35. **Milroy J. J.**, Orsini MM., D'Abundo M. L., Sidman C. L., Venezia D. (2015). Physical Activity Promotion on Campus: Using Empirical Evidence to Recommend Strategic Approaches to Target Female College Students. *College Student Journal*. 49(4), 517-526.
36. **Milroy J.J.**, Orsini M.M., Wyrick D.L., Fearnow-Kenney M., Wagoner K.G., Caldwell R. (2015). Implementing an Alcohol and Other Drug Use Prevention Program Using University-High School Partnerships: Challenges and Lessons Learned. *American Journal of Health Education*,46,1-4.
37. Strack, R. W., Orsini, M. M., Fearnow-Kenney, M., Herget, J., **Milroy, J. J.**, & Wyrick, D. L. (2015). Developing a web-based tool using information and communication technologies to expand the reach and impact of photovoice. *American Journal of Health Education*, 46(4), 192-195.

38. **Milroy, J.J.**, Orsini, M.M., Wyrick, Fearnow-Kenney, M., Kelly, S. E., D.L., Burley, J. (2015). A National Study of the Reasons for Use and Non-Use of Alcohol, Among College Student-Athletes by Sex, Race, and NCAA Division. *Journal of Alcohol and Drug Education*. 59(1).
39. Hassel G., **Milroy, J.J.**, Orsini M.M. (2015). Investigating Motivation for Physical Activity Among Minority College Females Using the BREQ-2. *Journal of Student Research*. 4(1),40-44.
40. Wyrick, D.L., Rulison, K.L., Fearnow-Kenney, M., **Milroy, J.J.**, & Collins, L. (2014). Moving beyond the treatment package approach to developing behavioral interventions: Addressing questions that arose during an application of the Multiphase Optimization Strategy (MOST). *Translational Behavioral Medicine: Practice, Policy and Research*. doi: 10.1007/s13142-013-0247-7
41. D'Abundo M., Sidman C., **Milroy JJ.**, Orsini MM., Fiala K. (2014) Construct Validity of College Students' Responses to the Behavioral Regulation in Exercise Questionnaire (BREQ-2). *Recreational Sports Journal*.38,40-49. <http://dx.doi.org/10.1123/rsj.2013-0006>.
42. Seitz, C.M., Wyrick, D.L., Orsini, M.M., **Milroy, J.J.**, & Fearnow-Kenney, M. (2013). Coverage of adolescent substance use prevention in state frameworks for health education: 10-year follow-up. *Journal of School Health*, 83(1), 53-60.
43. Wahesh E., **Milroy JJ.**, Lewis TF., Orsini MM., Wyrick DL. (2013). Hazardous Drinking by First-Year College-Athletes: The Differential Roles of Drinking Motives, Alcohol Consequences, and Season Status. *Journal of Alcohol and Drug Education*. 57(2): 66-84
44. **Milroy J.J.**, Orsini M.M., Sidman, C., D'Abundo M. (2013). College Students' Perceived Wellness Among Online, Face-to-Face, and Hybrid Formats of a Lifetime Physical Activity and Wellness Course. *American Journal of Health Education*. 44(5);252-258.
45. Orsini, M.M., Wyrick, D.L., & **Milroy, J.J.** (2012). Collaborative Evaluation of a High School Prevention Curriculum: How Methods of Collaborative Evaluation Enhanced a Randomized Control Trial to Inform Program Improvement. *Journal of Evaluation and Program Planning*.
46. **Milroy, J.J.**, Wyrick, D.L., Bibeau, D.L., Strack, R.W., Davis, P.G. (2012). A University System–Wide Qualitative Investigation Into Student Physical Activity Promotion Conducted on College Campuses. *American Journal of Health Promotion*. 26(5); 305-312.
47. Seitz, C.M., **Milroy, J.J.**, Orsini, M.M., Wyrick, D.L., Herring, J., & Koech, M. (2011). YouTube: An international medium for sharing videos about hookah smoking. *International Electronic Journal of Health Education*, 14:142-149.
48. D'Abundo M., Orsini MM., **Milroy JJ.**, Sidman, C. (2011). The Reliability and Construct Validity of American College Students' Responses to the WHOQOL-BREF. *International Electronic Journal of Health Education*. 14:101-108.
49. Wyrick, D.L., Fearnow-Kenney, M., Wyrick, C.H., Orsini, M.M., Strack, R.W., & **Milroy, J.J.** (2010). Going the Distance: Delivery of High School Drug Prevention via Distance Education. *The American Journal of Distance Education*. 24(3): 151-162.

### **Book Chapters/Edited Journals**

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1. Editors: Kaufman, K. L., Raj, A., **Milroy, J. J.**, Lee, D. S. (2020). Special Issue on Sexual Violence in Sport. *Journal of Interpersonal Violence*.
2. Kugler, K. C., Wyrick, D. L., Tanner, A. E., **Milroy, J. J.**, Chambers, B. D., Ma, A., Collins, L. M. (2018). *Using the Multiphase Optimization Strategy (MOST) to Develop an Optimized Online STI Preventive Topics*. An Iterative Approach to Building an Optimized STI Preventive Intervention Aimed at College Students: The Importance of a Conceptual Model.

3. **Milroy, J. J.**, & Wyrick, D. L. (2017). *Concussions in Athletics: Assessment, Management and Emerging Issues: Educational Strategies to Increase Sport-Related Concussion Reporting by Collegiate Student-Athletes*. Nova Science Publishers

## **CONFERENCE PAPERS & PRESENTATIONS**

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1. Tanner, A. E., Guastaferrero, K. M., Wyrick, D. L., **Milroy, J. J.**, Rulison, K. L., Bhandari, S., Thorpe, S., Ware, S., Miller, A. M., & Collins, L. M. (2021). A hybrid evaluation-optimization trial of the itMatters intervention and a sexual violence component among college students. Presentation at the annual meeting of the Society for Behavioral Medicine.
2. Weaver, G., Wyrick, D. L., Milroy, J. J., Kroshus, E. (2020). Are Students Aware of Campus Amnesty Policies and the Protections they offer? Poster presented at the annual meeting of the Research Society on Alcohol.
3. Hebard, S., Reifsteck, E., **Milroy, J. J.** (2020). Measurement and Interpretation of Overconformity to the Sport Ethic in Competitive Athletes. Presentation at the annual meeting of the Association of Applied Sports Psychology.
4. Lee, D., **Milroy, J. J.** (2020) Engaging sport for prevention of gender-based violence: Findings from theory, practice, and epidemiologic analysis. Moderator of a presentation at the annual meeting of the American Public Health Association. October 2020.
5. Kaufman, K., Lee, D., Raj, A., **Milroy, J. J.**, Sitney, M., Lipman, A., Glace, A., Kyler-Yano, J. (2020). The Role of Theory in the Prevention of Sexual Violence in Sports. Presentation at the annual meeting of the American Public Health Association. October 2020.
6. Weaver, G., Beamon, E., **Milroy, J. J.**, Kroshus, E., Wyrick, D. L., Hebard, S. (2020). Impacts of Medical Amnesty Policies among Collegiate Student-Athletes. American Public Health Association. October 2020.
7. Zamboanga, B. L., Merrill, J. E., Olthuis, J. V., Martin, J. L., Cannon, M., Jarrell, J. T., Meca, A., **Milroy, J. J.** L., & Wyrick, D. L. (2020, Under Review). Heavy Episodic Drinking, High Intensity Drinking, and Alcohol Consequences in a National Sample of NCAA Student-Athlete Drinkers: Do Gender and Race/Ethnicity Matter? *Psychology of Addictive Behaviors*.
8. Rulison, K.L., Wyrick, D.L., **Milroy, J.J.** (2020, Under Review). A randomized iterative approach to optimizing an online substance use intervention for collegiate athletes. *Translational Behavioral Medicine*.
9. Tanner, A. E., Guastaferrero, K. M., Wyrick, D. L., **Milroy, J. J.**, Rulison, K. L., Bhandari, S., Thorpe S., Ware S., Miller, A. M., Collins, L. M. (2020, Revise & Resubmit). Simultaneous evaluation of an intervention targeting the intersection of alcohol and sex and test of a potential sexual violence component among first year college students: A hybrid evaluation-optimization trial of itMatters. *Annals of Behavioral Medicine*.
10. Kroshus, E., Chrissman, S., **Milroy, J. J.**, Wyrick, D. L. (2020, June). Association between depression and concussion-related malingering among collegiate athletes. Paper presentation cancelled due to Covid-19 at the annual meeting of the North American Society for the Psychology of Sport. Vancouver, BC, Canada.
11. Hebard, S., **Milroy, J. J.**, Rusbolt, K. (2020, June). Developing a culture of care in athletics to promote student-athlete well-being. Paper presentation cancelled due to Covid-19 at the annual meeting of the National Association of Academic and Student-athlete Development Professionals. Las Vegas, NV.
12. Guastaferrero, K., Wyrick, D. L., Tanner, A. E., **Milroy, J. J.**, Collins, L. M. (2020, May). Iterative optimization and decision-making using the multiphase optimization strategy (MOST) to optimize an



- online behavioral intervention. Paper presentation at the annual meeting of the International Behavioural Trials Network, Montreal, QC, Canada.
13. Wyrick, D. L., **Milroy, J. J.**, Tanner, A. E., Guastaferrero, K., Bhandari, S., Thorpe, S., Ware, S., Miller, A. M., Collins, L. M. (2020, June). Poster presentation cancelled due to Covid-19 at the annual meeting of the Research Society on Alcoholism, New Orleans, LA.
  14. Zamboanga B. L., Olthuis, J., Martin, J., Meca, A., **Milroy, J. J.**, Wyrick, D. L. (2020, Aug). Preparty Motives and their Associations with Prepartying Behaviors in a National Sample of College Student-Athletes. Poster presentation at the annual meeting of the American Psychological Association, Washington, DC.
  15. **Milroy, J. J.**, Ware, S., Miller, A., Thorpe, S., Tanner, A. E., Wyrick, D. L., Guastaferrero, K., Collins, L. (2020, April). Utilizing a factorial experimental design in a randomized controlled trial to evaluate an online sexual health intervention. Poster presentation cancelled due to Covid-19 at the annual meeting of the Society for Behavioral Medicine, San Francisco, CA.
  16. Thorpe, S., Tanner, A. E., Ware, S., Guastaferrero, K., **Milroy, J. J.**, Wyrick, D. L. (2020, April). Black first-year college students' alcohol outcome expectancies: Implications for intersectional alcohol interventions. Poster presentation cancelled due to Covid-19 at the annual meeting of the Society for Behavioral Medicine, San Francisco, CA.
  17. **Milroy, J. J.**, Oakes, L. (2020, April). Exploring the Inclusion of College Students with IDD in Campus Recreation and Sports: A Special Olympics Unified Sports Research Project. Paper presentation cancelled due to Covid-19 at the annual meeting of the National Intramural Recreation and Sport Association. Phoenix, AZ.
  18. **Milroy, J. J.**, Duclos, Q. (2020, April). Concussion reporting among club sport athletes. Paper presentation cancelled due to Covid-19 at the annual meeting of the National Intramural Recreation and Sport Association. Phoenix, AZ.
  19. **Milroy, J. J.**, Wyrick, D. L., Hebard, S. (2019, Oct). Culture of care in collegiate athletics. Paper presented at the annual meeting the National Association of Academic and Student-athlete Development Professionals. Baltimore, MD.
  20. **Milroy, J. J.**, Lee, D. S., Wagner, J. (2019, Nov). Sport as a platform to advance a culture of health: Building a network to advance prevention. Paper presented at the annual meeting of the American Public Health Association, Philadelphia, PA.
  21. **Milroy, J. J. (Moderator)** (2019, Nov). Sport as a platform to advance a culture of prevention. Symposium presented at the annual meeting of the American Public Health Association, Philadelphia, PA.
  22. Duclos, Q., **Milroy, J. J.** (2019, Nov). Mental Health as a Novel Predictor for Diabetes Prevalence in Rural North Carolina. Poster presented at the annual meeting of the American Public Health Association. Philadelphia, PA.
  23. Sanders, L., Wyrick, D. L., Dudley, W., **Milroy, J. J.** (2019, April). Profiling of Student-Athletes Based on Protective Behavioral Strategies and Alcohol Use Based on Cluster Analysis Assignment. Poster presented at the college of health & human services research and innovation day, Wilmington, NC.
  24. Tanner, A., Guastaferrero, K., **Milroy, J. J.**, Wyrick, D. L., Thorpe, S., Ware, S., Miller, A., Collins, L. (2019, June). itMatters: An empirical and iterative optimization of an online alcohol and STI preventive intervention. Paper presentation at the annual meeting of the Research Society on Alcoholism, Minneapolis, MN.
  25. Martin, J. L., Cabrera-Tineo, Y., Zamboanga, B. L., Meca, A., Olthuis, J. V., Jarrell, J. T., **Milroy, J.**, & Wyrick, D. L. (2019, August). Development of the Expanded Drinking Motives Questionnaire in a national sample of student athletes. Poster accepted for presentation at the annual meeting of the American Psychological Association, Chicago, IL.

26. **Milroy, J. J.**, Tanner, A., Wyrick, D. L., Rulison, K. L., Sander, L., Collins, L. (2019, Feb). BrainCare: Laying the groundwork for an optimized online sport-related concussion disclosure promotion intervention. Paper presented at the annual meeting of the International Society for Research on Internet Interventions, Auckland, NZ.
27. Tanner, A., **Milroy, J. J.**, Guastafarro, K., Wyrick, D. L., Thorpe, S., Ware, S., Collins, L. (2019, Feb). itMatters: An empirical and iterative optimization of an online STI preventive intervention. Paper presented at the annual meeting of the International Society for Research on Internet Interventions, Auckland, NZ.
28. **Milroy, J. J., (Moderator)** Wyrick, D. L., Wagner, J. (2018, Nov). Translating evidence into sexual violence prevention for collegiate student-athletes. Symposium presentation at the annual meeting of the American Public Health Association, San Diego, CA.
29. Oakes, L., **Milroy, J. J.**, Hickerson, B. (2018, Nov). Partners and participants for health: Innovative methods to engage college students with intellectual and/or developmental disabilities (IDD). Poster presented at the annual meeting of the American Public Health Association, Sam Diego, CA.
30. **Milroy, J. J.**, Reifsteck, E., Wyrick, D. L. (2018, Oct). Athletes' perceptions of their coach's communication regarding concussion care seeking and intentions to report concussion symptoms. Poster presented at the annual meeting of the Association of Applied Sport Psychology, Toronto, Ontario, CA
31. **Milroy, J. J.**, Rulison, K. L., Mendenhall, B., Wyrick, D. L., Reifsteck, E., Sanders, L., Kelly, S. (2018, Oct). Examining the extent to which constructs from the Integrated Behavioral Model are associated with college student-athlete intentions to report symptoms of a concussion. Paper presented at the annual meeting of the Association of Applied Sport Psychology, Toronto, Ontario, CA
32. Kugler, K.C., Wyrick, D.L., Tanner, A.E., **Milroy, J.J.**, Guastafarro, K.M., Ware, S., Thorpe, S. & Collins, L.M. (2018, May). Optimization of an online STI preventive intervention targeting college students. Organized poster presentation accepted for presentation at the Society for Prevention Research annual meeting, Washington, D.C.
33. Oakes, L., **Milroy, J. J.** [faculty mentor]. Partners & Participants for Health: Innovative Methods to Engage College Students with Intellectual and/or Developmental Disabilities (IDD). Graduate Research Expo, UNC Greensboro (April 2017). "
34. **Milroy, J. J.**, Oakes, L., Hickerson, B. (2018, March). Innovative strategies to support the health and wellness needs of college students with intellectual and developmental disabilities (IDD). Poster session presented at the Annual Meeting of the Art & Science of Health Promotion, San Diego, CA.
35. **Milroy, J. J.**, Wyrick, D. L., Rulison, K. L., Sanders, L., Kelly, S. E. (2018, March). Using the Multiphase Optimization Strategy to engineer a web-based behavioral intervention aimed at increasing sport-related concussion symptom reporting among collegiate student-athletes. Poster session presented at the Annual Meeting of the Art & Science of Health Promotion, San Diego, CA.
36. Oakes, L., **Milroy, J. J.**, Hickerson, B. (2018). Using Design Thinking and Rapid Prototyping with College Students with Intellectual and/or Developmental Disabilities (IDD) to Investigate their Health and Wellness Needs. Poster presented at the annual NC Minority Health Conference. Chapel Hill, NC. February, 2018.
37. **Milroy, J. J.**, Kelly, S. E. (2018). Moving Beyond Xs and Os: Coach communication to facilitate student-athlete health and wellness & Online resources for the prevention of alcohol and other drug use among student-athletes. Invited presentation at the APPLE Institute. San Diego, CA. January 2018.
38. **Milroy, J. J.** (2018). Living healthy lifestyles from behind the desk. Invited web-based presentation to the College Sports Information Directors of America. January 2018.

39. **Milroy, J. J.** (2018). The role of the Institute to Promote Athlete Health & Wellness and sexual violence prevention among athletes. Invited presentation to The Raliance organization: Ending Sexual Violence in One generation. La Jolla, CA. January 2018.
40. Anderson, D., Gonzalez, J., **Milroy, J. J.** (2018). Collaborating for A Healthy Campus: Lessons Learned from Athletics Partnerships. Pre-conference workshop delivered at the National Association of Student Personnel Administrators. Portland, OR. January, 2018
41. **Milroy, J. J.** (2017). Communication for wellness. Invited web-based presentation to the Minnesota Intercollegiate Athletic Association (MIAC). December, 2017.
42. Longo, Pesigan, Martin, J., Zamboanga, B., **Milroy, J. J.**, Wyrick, D. L. (2017). Investigating gender and racial differences in use of PBS among student-athletes. Poster presented and the annual meeting of the American Psychological Association. Washington, DC. August, 2017.
43. Orsini, M. M., **Milroy, J. J.**, & DuPre, E. A. (2017, November). Learning to enhance evaluation practices and public health program outcomes by improving conclusion validity. Paper presented at the annual meeting of the American Evaluation Association, Washington, DC.
44. **Milroy, J. J.**, Durpe, E. A. (2017). Moving Beyond Xs and Os: Coach communication to facilitate student-athlete health and wellness & Online resources for the prevention of alcohol and other drug use among student-athletes. Invited presentation to the Division II APPLE Institute. Reston, VA. September, 2017.
45. Kugler, K. C., Wyrick, D. L., Tanner, A. E., **Milroy, J. J.**, M., Collins, L. M. (2017). Optimization of Online Substance Use Interventions Targeting College Students. Symposium presented at the annual meeting of the Society for Behavioral Medicine. San Diego, CA. March, 2017.
46. **Milroy, J. J.**, Orsini, M. M., Wyrick, D. L. (2017). Using a collaborative approach to Improve the Program Model. Paper presented at The Annual meeting of the Society for Public Health Education. Denver, CO. March, 2017.
47. **Milroy, J. J.**, Lucas, C., Wyrick, D. L. (2017). Invited presentation at the Mental Health Awareness for student-athletes: Facilitating student-athletes health and wellness through effective coach communication. Wellesley, MA. January, 2017.
48. Kugler, K. C., Tanner, A.E., Wyrick, D. L., **Milroy, J. J.**, Chambers, B., Ma, A., Collins, L. (2017). Using the multiphase optimization strategy to engineer an optimized STI preventive intervention among college students. Poster presented at Association for Clinical and Translational Science. March, 2017.
49. **Milroy, J. J.** (2017). Alcohol and Use and Protective Behavioral Strategies. Invited Presentation: Temple University, Beasley School of Law.
50. **Milroy, J. J.**, & Sanders, L. (2017). Mental Health in College Students and Student-Athletes - Introduction to NCAA Mental Health Best Practices. Invited presentation presented at Elon University BrainCare Symposium. Elon, NC. April, 2017.
51. **Milroy, J. J.**, & Lucas, C. (2016). Mental Health Awareness for student-athletes: Facilitating student-athletes health and wellness through effective coach communication. Invited presentation presented at The Big East Mental Health Summit. Georgetown, VA. June 2016.
52. **Milroy, J. J.**, Orsini, M. M., Wyrick, D. L. (2016). A Collaborative Approach to Evaluating and Optimizing Behavioral Interventions Using the Multiphase Optimization Strategy (MOST). Paper presented at The Annual meeting of the American Evaluation Association. Atlanta, GA. November, 2016.
53. Kugler, K.C., Wyrick, D.L., Tanner, A.E., **Milroy, J. J.**, M., Collins, L.M. (2015, September). The Intersection of Alcohol Use and Sexual Risk Behavior among College Students: From Conceptual Model to Scalable Intervention with an Eye towards Optimization. Paper presented at The Society of Behavioral Medicine annual meeting, Washington, D.C. in March 2016.

54. Tanner, A. E., Kugler, K. C., Chambers, B. D., Ma, A., Wyrick, D. L., **Milroy, J. J.**, Collins, L. M. (under review 2016). Transitioning to College: Alcohol and Hookups among First-Year College Students. Paper presented at the annual meeting of the American Public Health Association. Denver, CO.
55. Chambers, B. D., Tanner, A. E., Kugler, K. C., Ma, A., Wyrick, D. L., **Milroy, J. J.**, Collins, L. M. (2016, November). Hookups, Alcohol Use & Protective Behavior Strategies among Transgender College Students. Paper to be presented at the annual meeting of the American Public Health Association. Denver, CO.
56. **Milroy, J.J.** & Wyrick, D.L. (2016, January). Moving Beyond X's and O's - Facilitating Student-athlete Health and Wellness. Invited presentation for the 2016 NCAA APPLE Conference, Charlottesville, VA.
57. **Milroy, J.J.** & Wyrick, D.L. (2016, January). Moving Beyond X's and O's - Facilitating Student-athlete Health and Wellness. Invited presentation for the 2016 NCAA APPLE Conference, Orlando, VA.
58. Wyrick, D.L. & **Milroy, J.J.** (2016, January). Health Coaching for Coaches: Simple strategies for encouraging and supporting student-athlete well-being! Invited presentation for the 2015 NCAA APPLE Conference, Reston, VA.
59. Wyrick, D.L. & **Milroy, J.J.** (2015, January). Health Coaching for Coaches: Simple strategies for encouraging and supporting student-athlete well-being! Invited presentation for the 2015 NCAA APPLE Conference, Orlando, FL.
60. Wyrick, D.L. & **Milroy, J.J.** (2015, January). Health Coaching for Coaches: Simple strategies for encouraging and supporting student-athlete well-being! Invited presentation for the 2015 NCAA APPLE Conference, Myrtle Beach, SC.
61. Day, T.F., Perko, M., Wyrick, D.L., **Milroy, J.J.**, & Rulison K.L., (2015, April) Dietary Supplement Use among NCAA Student Athletes: Changes in use and perceptions after completing the myPlaybook web-based prevention program. Poster session accepted to North Carolina Society of Public Health Education Midyear Meeting, Statesville, NC.
62. **Milroy, J.J.**, Orsini MM., Wyrick DL., Fearnow-Kenney M., Kelly S., Strack RW. (2014, November) Developing innovative, evidence-based behavioral interventions for the prevention of alcohol and other drug use among college student-athletes. Paper to be presented at the annual meeting of the American Public Health Association. New Orleans, LA.
63. Wilfert, M., Wyrick, D.L., **Milroy, JJ** (2014, June). Health Coaching for Coaches: Supporting Student-Athlete Well-Being. Paper presented at the National Coaching Conference, Washington, D.C.
64. Rulison, K.L., Wyrick, D.L., Fearnow-Kenney, M., **Milroy, J.J.**, Dingman, D., & Collins, L. (2014, May) Applying the Multiphase Optimization Strategy (MOST) to engineer an effective substance use prevention program for college student-athletes. Paper presented at the Society for Prevention Research, Washington, D.C.
65. Fearnow-Kenney M., Wyrick DL., **Milroy JJ.**, Dingman DA., Rulison KL., (2014, June). Alcohol Use and Athletic/Academic Related Consequences Among College Student-Athletes., Poster presented at the annual conference of the Society for Prevention Research, Washington DC.
66. Orsini MM., Wahesh E., Wyrick DL., **Milroy JJ.**, Dingman DA., Sietz CM. (June, 2014). Application of the Motivational Interviewing Technique to Reduce Alcohol Use and Prevent Negative Consequences Among College Athletes. Poster presented at the annual conference of the Society for Prevention Research. Washing, DC.
67. Wyrick, D.L., Wilfert, M., **Milroy, J.J.**, & Burley, J. (2013, January). Coaches Assist: A Substance Abuse Resource for NCAA Coaches. APPLE. Indianapolis, IN.
68. Taylor M., **Milroy J.J.**, Milroy S.S., Taylor M., Brill P. (2013). Investigating Quality of Life differences among Adult Day Center attendees who participated in an 8-week health and Fitness Program. Workshop to be presented at the meeting of the Southern Gerontology Society. Charlotte, NC.

69. Eifert E., **Milroy J.J.**, Milroy S.S., Taylor M., Brill P. (2013). An Evaluation of a Functional Fitness Program among Adult Day Center Attendees in North Carolina: From Research to Practice, poster to be presented at the meeting of the Southern Gerontology Society. Charlotte, NC.
70. Eifert E., **Milroy J.J.**, Milroy S.S., Taylor M. (2013). Ease into Health and Fitness: An Evaluation of a Functional Fitness Program in Adult Day Centers in North Carolina, poster to be presented at the annual meeting of the Society for Public Health Education. Orlando, FL.
71. Fearnow-Kenney M., Wyrick D.L., **Milroy J.J.**, Dingman D.A., Rulison K.L. (2013). Alcohol Use and Athletic/Academic Related Consequences among College Student-Athletes to be presented (poster) at the annual meeting of the Society for Prevention Research. San Francisco, CA.
72. **Milroy J.J.**, Orsini M.M., Sidman C., D'Abundo M. (2013). Motivational predictors of physical activity among college females to be presented (poster) at the annual meeting of the American Alliance for Health, Physical Education, Recreation and Dance. Charlotte, NC.
73. Orsini M.M., Wyrick D.L., **Milroy J.J.**, Wahesh E. (2013). Promoting Achievement of Behavioral and Attitudinal Learning Outcomes with the Motivational Interviewing Technique to be presented at the annual meeting of Lilly South. Greensboro, NC.
74. **Milroy J.J.**, Wyrick D.L., Orsini M.M., Strack R.W. (2012). An exploration of student physical activity promotion practices conducted on American college campuses. Presented at the annual meeting of the Society of Public Health Education. San Francisco, CA.
75. Rulison K.L., Fearnow-Kenney M., Wyrick D.L., **Milroy J.J.**, Dingman D. A. (2012). Applying MOST to Optimize myPlaybook: Results from a Screening Experiment presented at the annual meeting of the Society for Prevention Research. Washington, D.C.
76. D'Abundo, M.L., Sidman, C., **Milroy, J.J.**, Orsini., M.M. (2011). Perceived wellness of college students in online, face-to-face, and blended basic studies physical activity and wellness course delivery formats presented at the annual meeting of the American Public Health Association. Washington, D.C.
77. D'Abundo, M.L., Orsini., M.M., **Milroy, J.J.**, Sidman, C. (2011). Reliability and construct validity of the World Health Organization Quality of Life (WHOQOL-BREF) among English-speaking, American college students presented at the annual meeting of the American Public Health Association. Washington, D.C.
78. Seitz, C.M., Wyrick, D.L., **Milroy, J.J.**, Fearnow-Kenney, M. (2011). Mediators of Adolescent Substance Use Within State High School Health Education Curriculum Frameworks: 10-year Follow-up. Poster presented at the annual meeting of the Society For Prevention research. Washington, DC.
79. Fearnow-Kenney, M., Wyrick, D.L., Strack, R.W., **Milroy, J.J.**, Seitz, C.M. (2011). Demonstration of the Photovoice Method for Health Promotion in Diverse Cultures and Countries presented at the annual meeting of the Society for Prevention Research. Washington, DC.
80. Wyrick, D.L., Fearnow-Kenney, M., **Milroy, J.J.**, Wilfert, M. (2011 ,June). Alcohol and Other Drug Prevention for College Student-Athletes. Organized Paper Symposium presented at the annual meeting of the Society for Prevention Research. Washington, DC.
81. Feeney, K., Tapler, A., **Milroy, J.J.** (2010, November). Examining Alcohol Education Initiatives: A Correlational Epidemiological Case Study on Collegiate Alcohol Use and NCAA Athletes. Poster presented at the annual meeting of the American Public Health Association. Philadelphia, NJ.
82. Orsini, M. M., Wyrick, D. L., **Milroy, J. J.**, Stradley, L. (2010). Evaluation of the HOPSports Training System. Presented at the annual meeting of the NC Association for Research in Education, Winston-Salem, NC.
83. McCormick, L., Shah, V., Bronson-Stradley, L., Pfohl, S., Orsini, M. M., Wyrick, D. L., & **Milroy, J.J.** (2008, November). Fit Kids: Classroom teachers to include physical activity in classroom activities. Paper presented at the annual meeting of the American School Health Association, Tampa, FL.
84. Wyrick, D.L., Hansen. W.B., O'Sullivan. R., Halfors. D., Steckler. A., Orsini, M.M., Fearnow-Kenney.,

- Milroy J.J.** (2008, October) *Evaluation of the All Stars Senior High School Prevention Curriculum*. Poster Presentation for the American Public Health Association annual conference.
85. Wyrick, D.L., Orsini, M.M., Fearnow-Kenney., **Milroy J.J.** (2008, October) *Crossroads: Cooperative High School Drug Prevention, Phase II result*. Poster Presentation for the American Public Health Association annual conference.
86. Wyrick, D.L., Orsini, M.M., Fearnow-Kenney., **Milroy J.J.** (2008, October) *Crossroads: Cooperative High School Drug Prevention, Phase II result*. Presented (poster) at annual meeting for the Society for Prevention Research.
87. **Milroy J.J.**, Wyrick, D.L., Orsini, M.M., Stradley, L. (2007, November) *Assessing attitudes, knowledge and intentions held by pre-service teachers regarding North Carolina's Healthy Active Children policy*. Presentation for the American Public Health Association annual conference.
88. **Milroy J.J.**, Orsini, M.M., Dave G.J., Verma, A., Barclift, M. (2006, August) *Negotiating the Curriculum*. Presentation for the Lilly South annual conference.

## INVITED PRESENTATIONS

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1. **Milroy, J. J.**, Oakes, L. (2020, April). Recreation and sport needs of college students with IDD. Paper presented for the College Leadership Virtual Network. Web delivered.
2. **Milroy, J. J.** (2020, Jan). Creating an Inclusive Athletics Department for Mental Well-Being. Pre-conference presentation at the annual National Collegiate Athletic Association Convention, Anaheim, CA.
3. **Milroy, J. J.**, Wyrick, D. L., Hebard, S. (2020, Jan). Culture of Care and Medical amnesty in collegiate sports. Presentation at the annual APPLE Institute, Santa Ana, CA.
4. **Milroy, J. J.**, Wyrick, D. L., Hebard, S. (2020, Jan). Culture of Care and Medical amnesty in collegiate sports. Presentation at the annual APPLE Institute, Charlottesville, VA
5. **Milroy, J. J.** (2019, Jan). We're All-In: A Culture of Care in Athletics. Presentation at the NCAA Division III APPLE Institute, Dallas, TX.
6. **Milroy, J. J.**, Wyrick, D. L., Hebard, S. (2019, Jan). We're All-In: A Culture of Care in Athletics. Presentation at the annual APPLE Institute, Orlando, FL.
7. Wyrick, D. L., **Milroy, J. J.**, Beamon, E. (2019, April). Coaches Assist. Presentation at the Washington State University Mental Health Training Day, Pullman, WA.
8. **Milroy, J. J.** (2019, May). Culture of care in collegiate athletics. Presentation at the annual Southern Conference Sports Medicine Society, Greenville, SC.
9. **Milroy, J. J.**, Orsini, M. M., Wyrick, D. L. (2019, May). An evaluation of Step Up! Presentation at the National Step Up! Training institute, Orlando, FL.
10. **Milroy, J. J.**, Dupre, E. A., Kelly, S. E. (2018, June). Sexual Violence Prevention among collegiate student-athletes. Presentation at the annual UNC System Safety and Security Conference, Asheville, NC.
11. **Milroy, J. J.**, Durpe, E. A. (2017). Moving Beyond Xs and Os: Coach communication to facilitate student-athlete health and wellness & Online resources for the prevention of alcohol and other drug use among student-athletes. Invited presentation to the Division II APPLE Institute. Reston, VA. September, 2017.
12. **Milroy, J. J.**, (2018). Alcohol and Use and Protective Behavioral Strategies. Temple University, Beasley School of Law, Web November 2018
13. **Milroy, J. J.** (2018). The role of the Institute to Promote Athlete Health & Wellness and sexual violence prevention among athletes. Invited presentation to The Raliance organization: Ending Sexual Violence in One generation. La Jolla, CA. January 2018.

14. **Milroy, J. J.** (2018). Living healthy lifestyles from behind the desk. Invited web-based presentation to the College Sports Information Directors of America. January 2018.
15. **Milroy, J. J.**, Kelly, S. E. (2018). Moving Beyond Xs and Os: Coach communication to facilitate student-athlete health and wellness & Online resources for the prevention of alcohol and other drug use among student-athletes. Invited presentation at the APPLE Institute. San Diego, CA. January 2018.
16. **Milroy, J. J.** (2017). Communication for wellness. Invited web-based presentation to the Minnesota Intercollegiate Athletic Association (MIAC). December, 2017.
17. **Milroy, J. J.** (2017). Moving Beyond Xs and Os: Coach communication to facilitate student-athlete health and wellness. Invited presentation presented at the APPLE Training Institute, Charlottesville, VA. January, 2017
18. **Milroy, J. J.** (2017). Moving Beyond Xs and Os: Coach communication to facilitate student-athlete health and wellness. Invited presentation presented at the APPLE Training Institute, Nashville, TN. January, 2017
19. **Milroy, J. J.**, Lucas, C., Wyrick, D. L. (2017). Invited presentation at the Mental Health Awareness for student-athletes: Facilitating student-athletes health and wellness through effective coach communication. Wellesley, MA. January, 2017.
20. **Milroy, J. J.**, (2017). Alcohol and Use and Protective Behavioral Strategies. Temple University, Beasley School of Law, Web November 2017
21. **Milroy, J. J.**, & Sanders, L. (2017). Mental Health in College Students and Student-Athletes - Introduction to NCAA Mental Health Best Practices. Invited presentation presented at Elon University BrainCare Symposium. Elon, NC. April, 2017.
22. **Milroy, J. J.**, & Lucas, C. (2016). Mental Health Awareness for student-athletes: Facilitating student-athletes health and wellness through effective coach communication. Invited presentation presented at The Big East Mental Health Summit. Georgetown, VA. June 2016.

## **White Papers & Technical Reports**

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1. **Milroy, J. J.** (2019). Sport-Related Concussion Reporting Among Collegiate Student-Athletes. *Association of Applied Sport Psychology: Newsletter*.
2. **Milroy J. J.**, Wyrick D. L., Kelly S. E., DuPre A., Beamon E. (2018). Sexual Misconduct & Violence report delivered to the United State Center for Safe Sport.
3. Kathleen C. Basile, Yolanda Edrington, Kelsey Gurganus, Katie Hanna, Kysha Harriell, Keith Kaufman, Jennifer Koontz, David S. Lee, Heather McCauley, Kristy McCray, Rebecca Milliman, **Jeff Milroy**, Gretchen Miron, Paul Mulbah, Meredith Pierce, Anita Raj, Lilibeth Ramirez. (2020). Power of Sport. *RALIANCE*: [https://www.raliance.org/report\\_posts/the-power-of-sport/](https://www.raliance.org/report_posts/the-power-of-sport/)
4. Kathleen C. Basile, Ann Coker, Ph.D., Abby DuPre, Katie Hanna, Keith Kaufman, Samantha Kelly, David S. Lee, Mo Lewis, Sandra L. Martin, Heather McCauley, Kristy McCray, Elizabeth Miller, **Jeffrey J. Milroy**, Brendan Parent, Brian Pinero, Anita Raj, Beth Richie, Jay Silverman, Wendy Taylor, Ebony Tucker, Jennifer Wagman, Jennifer Yore. (2018). Recommendations and Next Steps for Research and Evaluation. *RALIANCE*, [https://www.raliance.org/report\\_posts/sport-and-gender-based-violence-research-white-paper-release/](https://www.raliance.org/report_posts/sport-and-gender-based-violence-research-white-paper-release/)
5. **Milroy J. J.** Wyrick D. L., Kelly S. E., Rulison K. L., Sanders L. (2018). BrainCare institutional report.
6. Wyrick D. L., Tanner A. E., **Milroy J. J.**, Thorpe S., Ware S. (2017). itMatters institutional reports.
7. Milroy J. J. Wyrick D. L., Kelly S. E., Rulison K. L., Sanders L. (2017). BrainCare Progress report.
8. Wyrick D. L., **Milroy J. J.**, Kelly S. E., DuPre A. (2017). myPlaybook institutional reports.

9. Wyrick D. L., **Milroy J. J.**, Lucas C., Frazie A. M. (2017). Coaches Assist Institutional Report delivered to Wellesley College Department of Athletics.
10. Wyrick D. L., Tanner A. E., Milroy J. J., Chambers B., Ma A. (2017). itMatters institutional reports.
11. **Milroy J. J.** Wyrick D. L., Kelly S. E., Rulison K. L., Sanders L. (2016). BrainCare institutional report.
12. **Milroy J. J.** Wyrick D. L., Kelly S. E., Rulison K. L., Sanders L. (2016). BrainCare Progress report.
13. Wyrick D. L., **Milroy J. J.**, Kelly S. E. (2016). myPlaybook institutional reports.
14. **Milroy J. J.**, Orsini M. M. (2016). Evaluation report delivered to Let Me Run, LLC.
15. **Milroy J. J.**, Wyrick D. L., Kelly S. E. (2015). *Communication for Success*. An adaptation of Coaches Assist. National Center for Drug Free Sport. Kansa City, MO.
16. Wyrick DL., **Milroy JJ.**, Kelly SE. (2015). Health Coaching for Coaches: Coaches Assist. Workshop. Arizona State University, Tempe, AZ.
17. Wyrick DL., **Milroy JJ.**, Kelly SE, Bibeau DL. (2014). Health Coaching for Coaches: Coaches Assist. Workshop. University of Rhode Island, RI.
18. Wyrick DL., **Milroy JJ.** (2014). Health Coaching for Coaches: Coaches Assist. Workshop. University of North Carolina Greensboro, NC.
19. **Milroy JJ.**, Wyrick DL. (2013). Web-based alcohol and other drug prevention programming for college student-athletes. Presentation delivered to the Illinois Higher Education Center for Alcohol, Other Drug, and Violence Prevention. Springfield, IL.
20. **Milroy JJ.** (2012). Web-based alcohol and other drug prevention programming for college student-athletes. Presentation delivered to the New Jersey Consortium on Alcohol and Other Drug Prevention. New Brunswick, NJ.
21. Wyrick, Fearnow-Kenney, & **Milroy**. Division II Pilot Study Final Report delivered to the National Collegiate Athletic Association. March 2009.
22. Wyrick, Perko, Cathorall, & **Milroy**. Final Report Delivered to the National Center for Drug Free Sport. *Evaluation and Revision of the CHOICES Website*. September, 2008.
23. Orsini, Wyrick, **Milroy**, & Fearnow-Kenney. Final Report Delivered to HOPSports. *An Evaluation of the HOPSports Training Program*. March 2008.
24. Orsini, Wyrick, & **Milroy**. Final Report Delivered to Be Active, NC. *Evaluation of HAC Policy Training*. January 2008.

## **PROPOSALS AND FUNDING**

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1. Co-Investigator, Robert Wood Johnson Foundation; Evaluation of the Inside Out Initiative. **UNDER REVIEW**
2. Principal Investigator, NINR; Phase I SBIR \$1,300,000. APC: A collaborative approach to reduce time between concussion symptom onset and treatment. **Score 32, Undecided (Jan 2021)**
3. Principal Investigator, NINR; Phase I SBIR \$250,000: APC: A collaborative approach to reduce time between concussion symptom onset and treatment. **FUNDED**
4. Principal Investigator, NINR; Phase I SBIR \$250,000: APC: A collaborative approach to reduce time between concussion symptom onset and treatment. **Score 45, NOT FUNDED**
5. **Co-Investigator**, NICHD R41; Phase I SBIR \$250,000. SBIR: Developing an inclusive culture within sport and recreation for individuals with intellectual and developmental disabilities. **NOT FUNDED**
6. **Co-Investigator**, NIAAA R01; \$2,025,129. Increasing the impact of medical amnesty policies in collegiate athletic settings using the Multiphase Optimization Strategy. **NOT FUNDED**
7. **Co-Investigator**, NIDA R41; Phase I SBIR \$250,000: Development of an Opioid Misuse Prevention Program for Young Adult Workers in the Construction Industry. **FUNDED**



8. **Principal Investigator**, Special Olympics; \$20,050. Examine Collegiate Recreation and Sports Experiences of College Students with Intellectual and/or Developmental Disabilities (IDD) and Recreation and Sports Staff Who Serve College Students with IDD. **FUNDED**
9. **Principal Investigator**, NICHD R41; Phase I STTR \$224,786.00 (20% salary coverage) Increasing the impact of medical amnesty policies in collegiate athletic settings using the Multiphase Optimization Strategy. **NOT FUNDED**
10. **Principal Investigator**, NIDA R15; \$400,000. Strengthening Drug Non-use Attitudes through a Data-driven Simulation that models Adolescent Development. **NOT FUNDED**
11. **Other Significant Contributor**, NIAAA R21 (In-kind % effort). The Co-evolution of Social Networks and Alcohol Use: Developing a Comprehensive Model of how Social Networks Shape Alcohol Use during College. **NOT FUNDED**.
12. **Principal Investigator**, UNCG (internal); HHS Graduate student funding, \$3,000.00. 08/2017-05/2018. **FUNDED**
13. **Principal Investigator**, UNCG Scholar's Travel Fund. \$500. **FUNDED**
14. **Principal Investigator**, National Intramural and Recreational Sports Association. Investigating college students with IDD and campus recreation and sport. **NOT FUNDED**
15. **Principal Investigator**, Training Institute on Dissemination and Implementation Research in Health. **NOT FUNDED (2018)**
16. **Co-Investigator**, NIAAA/NIDA SBIR (R41). Strengthening Drug Non-use Attitudes through a Data-driven Simulation that models Adolescent Development. **NOT FUNDED**
17. **Co-Principal Investigator**, HHS: Research Excellence; \$10,000.00. Conceptual development and feasibility testing of concussion education messages for use in a mobile application aimed at increasing sport related concussion reporting among youth athletes. **NOT FUNDED**
18. **Principal Investigator**, Training Institute on Dissemination and Implementation Research in Health. **NOT FUNDED (2017)**
19. **Principal Investigator**, NICHD R15 Resubmission; \$300,000.00 (30% salary coverage). Strengthening Drug Non-use Attitudes through a Data-driven Simulation that models Adolescent Development. **SCORE: 42**
20. **Principal Investigator**, NICHD R15; \$300,000.00 (30% salary coverage). Strengthening Drug Non-use Attitudes through a Data-driven Simulation that models Adolescent Development. **SCORE: 47 NOT FUNDED**
21. **Grant Writing Fellow**, UNC Greensboro School of Health and Human Sciences, \$6,000.00. Concussion disclosure among youth athletes. 06/2018-08/2018. **FUNDED**.
22. **Co-Principal Investigator**, National Collegiate Athletic Association/US Department of Defense; Phase II \$399,995 (20% salary coverage). Mind Matter Research Challenge. Increasing sport-related concussion disclosure among student-athletes. 03/2016-2019. **FUNDED**.
23. **Co-Investigator**, NIAAA RO1 \$3,467,872.00 (30% salary coverage). The Intersection of Alcohol and Sex: Engineering an Online STI Prevention Program. 8/2015-4/2020. **FUNDED**.
24. **Co-Investigator**, National Collegiate Athletic Association. myPlaybook the Freshman Experience. \$254,199.00 (10% salary coverage): 08/2017-05/2018
25. **Principal Investigator**, UNCG Faculty First Award (internal); Office of Research and Economic Development, \$10,000.00. 06/2017-08/2017 (summer funding). **FUNDED**
26. **Principal Investigator**, UNCG (internal); Graduate student funding, \$6,000.00. 08/2016-05/2017. **FUNDED**
27. **Principal Investigator**, Let Me Run LLC. (5% salary coverage). An evaluation of the Let me Run program; \$15,604.00. 01/2016-12/2016. **FUNDED**.

28. **Co-Investigator**, National Collegiate Athletic Association \$30,000.00. Spartan Choices: Alcohol use prevention among college students by promoting non-use as a safe, supported, appealing, and visible choice on campus. 2014-2017. **FUNDED.**
29. **Co-Principal Investigator**, National Collegiate Athletic Association \$75,000.00 (contract). myPlaybook DI Pilot: Investigating best practices related to maximizing implementation of myPlaybook. 2014-2015. **FUNDED.**
30. **Co-Evaluator**, *An evaluation of 360 Proof; An evidence informed alcohol prevention and intervention program offered to NCAA Division III and NASPA Small Colleges and Universities.* **\$14,000.00**, National Collegiate Athletic Association, 2013-present. **FUNDED.**
31. **Co-Investigator**, *A feasibility trial of Division II Coaches Education (True Sport and Heads Up).* **\$34,000.00**, National Collegiate Athletic Association, 2013-present. **FUNDED.**
32. **Project Director**, *myPlaybook: Alcohol and Other Drug Prevention Program - Phase II*, **\$1,600,000**, National Institute on Drug Abuse R44 SBIR, 2011-2015. **FUNDED.**
33. **Co-Investigator**, *An evaluation of a placemat style intervention to increase functional fitness, and quality of life and decrease fear of falling among North Carolinian adult day center attendees*, **\$5,000**, Funding from Be Active NC (non-profit), 2012-2013. **FUNDED.**
34. **Principal Investigator**, Be Active NC \$4,000.00. *A Cross-sectional Investigation of Physical Activity Promotion among North Carolina Colleges and Universities: Dissertation.* Fall 2009-Spring 2010. **FUNDED.**
35. **Project Director**, Southern Conference Pilot Study of myPlaybook (\$20,000). National Collegiate Athletic Association (NCAA) (\$15,000), National Center for Drug Free Sport (\$2,500), & Southern Conference (\$2,500), 2009 – 2010. **FUNDED.**
36. **Project Director**, National Collegiate Athletic Association \$50,000.00. *myPlaybook: Alcohol and Other Drug Prevention Program* Division II pilot study. 2008-2010. **FUNDED.**
37. **Principal Investigator**, UNC Greensboro \$2,000. *A qualitative exploration of evidence-based physical activity promotion programs among North Carolina Colleges and Universities: A Pilot Study.* Summer, 2008. **FUNDED.**
38. **Project Director**, National Institute on Alcohol Abuse and Alcoholism Phase II R44 \$1,143,084. *College Alc: Online Alcohol Education and Prevention Program*, 2006-2007. **FUNDED.**
39. **Project Director**, National Institute on Drug Abuse Phase II R44 SBIR \$1,017,754 (Graduate student funding). *Crossroads: Cooperative High School Drug Prevention.* 2006-2009. **FUNDED.**

## **PROFESSIONAL/INSTIUTIONAL SERVICE**

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2020-Present	Departmental Graduate Program Committee
2020-present	Invited Member: Research and Instruction in STEM Education
2020-present	Manuscript Reviewer: Addiction
2020	Grant Reviewer: Rapides Foundation, Healthy Behaviors Initiative; Healthy Behaviors Program Grant
2020	Co-Guest Editor: Journal of Interpersonal Violence
2019-present	Manuscript Reviewer: Journal of Neurological Sciences
2019-present	MPH application reviewer: UNCG Department of Public Health Education
2019-2020	Mentor: Caldwell Academy senior thesis mentor
2018-present	Invited Member: RALIACE research and practice committee
2017-present	Invited member: Step Up! National Advisory Board
2016-present	Host: UNC Greensboro Department of Public Health Education Virtual Open houses
2014-Present	Appointed Member: UNC Greensboro Alcohol and other Drug Services and Programs

Advisory Committee.

2014-Present Manuscript Reviewer: Health Education Journal

2014-Present Reviewer: *Society for Public Health Education Annual conference abstracts*

2013-present Associate Director: UNC Greensboro Institute to Promote Athlete Health and Wellness

2017-2019 Departmental CEPH Re-accreditation committee

2018-2020 Advisory Board member: Sport Science Institute Task Force 2019 Step Up! Facilitator training.

2017-2020 Advisory board member: Sport Science Institute Task Force 2019 Step UP! Advisory Board; invited member.

2014-2017 Appointed Member: UNC Greensboro Faculty Grievance Committee

2017-2018 Invited Speaker: UNC Greensboro Department of Public Health Education PhD Seminar Panel member

2017-2018 Appointed Member: UNC Greensboro Department of Public Health Education Communications Team Member

2015-2016 Invited member: UNC Greensboro Department of Public Health education MPH revision committee

2014-2015 Invited Member: 2015 Interpersonal Violence & Sport Conference Planning Committee.

2015 Reviewer: Violence in Sport conference; Program for the Advancement of Women in Sport

2014 Manuscript Reviewer: Explorations: The Journal of Undergraduate Research and Creative Activities for the State of North Carolina

2014 Expert reviewer: Survey item review; *essence of a sport organization's position statements related to the use of dietary supplements.*

2012-present Manuscript Reviewer: *Journal of Student Research*

2012-present Manuscript Reviewer: *Journal of Drug and Alcohol Abuse*

2012-present Manuscript Reviewer: *Journal of School Health*

2010-present Grant Reviewer: *The Rapids Foundation*, Healthy Behaviors Initiative

2010-present Manuscript Reviewer: *Journal of Health Communication International Perspectives*

2010-present Manuscript Reviewer: *Journal of Health Communication*

2010-present Manuscript Reviewer: *Health Education & Behavior*

2007-present Institutional Review Board committee member: *Tanglewood Research, LLC*

2013-2015 Graduate Program Committee; Member

2013-2015 Graduate Program Sub-committee (MPH curriculum revision committee); Member

2013-2015 Graduate Program Sub-committee (Program Evaluation committee); Member

2010-2015 Secretary: UNC Greensboro, Health and Human Sciences Alumni Board of Directors

2012-2013 Graduate-student research advisor; NC Placemat Study (Functional fitness & older adults)

2012-2013 Graduate-student research advisor: NC Placemat Study (Functional fitness & older adults)

2012-2013 Undergraduate independent study advisor: Motivation for physical activity among college females, UNC Greensboro

2012-2013 Faculty Assisting New Students (FANS), Elon University

2011-2013 Academic Advisor: *Eat Right Elon*, Elon University

2011-2013 Member: Council on Undergraduate Research

2010-2013 Text book Reviewer: *Your Health Today*; McGraw-Hill Publications

2007-2010 Co-Chair: Campus Recreation Advisory Committee, UNC Greensboro

2007-2010 Steering Committee Member: Early Career Preventionist Network, Society for Prevention Research

2009-2010 Co-Advisor: Undergraduate research project, Elon University

2007-2010 Reviewer: *APHA Annual conference abstracts*  
2005-2006 Chair: Graduate Assistant Committee, UNC Greensboro  
2005-2006 Graduate student representative: Graduate Program Committee, UNC Greensboro  
2004-2006 Member: American Cancer Society; Fresh Start Training & Smoking Cessation Education  
2004-2006 Member: Guilford County Substance abuse Coalition  
2004-2006 Member: North Carolina Healthy Alliance  
2004-2006 Member: North Carolina Adolescent Pregnancy Prevention Coalition  
2004-2005 Participant: UNCG, Department of Public Health Education accreditation review process

## **PROFESSIONAL Affiliations**

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- Society for Behavioral Medicine
- National Intramural Recreation and Sport Association
- Society of Public Health Education
- American Public Health Association
- Society for Prevention Research
- American Alliance for Health, Physical Education, Recreation and Dance.
- ETA SIGMA GAMMA, Delta Theta Chapter; Honor Society
- OMICRON DELTA KAPPA, National Leadership Honor Society
- LAMBDA PI ETA – English Communication