HUMAN DEVELOPMENT & FAMILY STUDIES MAJOR
(previously the Child, Youth, & Family Development Concentration)

120 semester hours, to include at least 36 hours at or above the 300 course level

Prepares students for careers in family, governmental, and community service agencies that serve children, adolescents, adults, the elderly, and their families.

Major Concentration Requirements

1. Required
   - HDF 111 Human Development Across the Life Span
   - HDF 112 Families and Close Relationships
   - HDF 202 Infant and Child Development
   - HDF 203 Adolescent Development: From Puberty to Young Adulthood
   - HDF 204 Adult Development
   - HDF 221 Issues in Parenting
   - HDF 390 Families and Children in Global Perspective
   - HDF 375 Research Methods in Human Development and Family Studies
   - HDF 377 Professional Development in HDFS
   - HDF 330 Family Diversity
   - HDF 464 Advanced Family and Developmental Studies Seminar

2. Select one course chosen from those listed below:
   - HDF 445 Current Family Theory and Research
   - HDF 455 Current Developmental Theory and Research

3. HDF 499 Supervised Professional Experience

Related Area Requirements

1. Required
   - NTR 213 Introductory Nutrition
   - PSY 121 General Psychology
   - SOC 101 Introduction to Sociology
   - STA 108 Elementary Introduction to Probability and Statistics
2. Choose eight courses from Group A and Group B below. Four must be from Group A—International and Family and/or Developmental-Focused or Diversity Focused Courses. The other four may be from Group A, Group B, or a mix of the two

- **Group A courses**: Study Abroad course work for 3 s.h. or 6 s.h. as well as over 40 selected courses in departments that include African American and African Diaspora Studies, Anthropology, Bachelor of Arts in Liberal Studies, Communication Studies, Community & Therapeutic Recreation, Economics, Public Health Education, Nursing, Political Science, Psychology, Religion, Specialized Education Services, Sociology, Social Work, and Women’s, Gender, and Sexuality Gender Studies. These courses all focus on human development and family relationships with an emphasis on diversity and/or international topics.

- **Group B courses**: Foreign language (including American Sign Language) for three 3 s.h. or 6 s.h. as well as over 40 selected courses in departments that include Counseling & Education, Communication Studies, Gerontology, Human Development & Family Studies, Public Health Education, Political Science, Psychology, Religion, Specialized Education Services, Sociology, and Social Work. These courses focus on skills and knowledge relevant to those who will pursue careers working with children, adolescents, older adults, and families.