HUMAN DEVELOPMENT & FAMILY STUDIES
Child, Youth, & Family Development

120 semester hours, to include at least 36 hours at or above the 300 course level

Prepares students for careers in family, governmental, and community service agencies that serve children, adolescents, adults, the elderly, and their families.

**Major Concentration Requirements**

1. **Required**
   - HDF 211 Human Development Across the Life Span
   - HDF 212 Families and Close Relationships
   - HDF 302 Infant and Child Development
   - HDF 303 Adolescent Development: From Puberty to Young Adulthood
   - HDF 304 Adult Development
   - HDF 321 Issues in Parenting
   - HDF 390 Families and Children in Global Perspective
   - HDF 415 Research Methods in Human Development and Family Studies
   - HDF 477 Professional Development in HDFS
   - HDF 409 Family Diversity
   - HDF 464 Advanced Family and Developmental Studies Seminar

2. Select one course chosen from those listed below:
   - HDF 445 Current Family Theory and Research
   - HDF 455 Current Developmental Theory and Research

3. HDF 499 Supervised Professional Experience
Related Area Requirements

1. Required
   - NTR 213 Introductory Nutrition
   - PSY 121 General Psychology
   - SOC 101 Introduction to Sociology
   - STA 108 Elementary Introduction to Probability and Statistics

2. Choose eight courses from Group A and Group B below. Four must be from Group A—International and Family and/or Developmental-Focused or Diversity Focused Courses. The other four may be from Group A, Group B, or a mix of the two
   - **Group A Study Abroad course work for 3 s.h. or 6 s.h. may also apply.**
     - ADS 201 Introduction to African American Studies; ADS 210 Blacks in American Society: Social, Economic, and Political Perspectives; ADS 260 Understanding Race; ATY 100 Contemporary Non-Western Cultures; ATY 213 Introduction to Cultural Anthropology; ATY 312 The Anthropology of Children; ATY 325 Caribbean Societies and Cultures; ATY 330 Cultures of North American Indians; ATY 331 Race and Human Diversity; ATY 333 Latin American Societies and Cultures; ATY 335 Cultures of Africa; ATY 385 Language and Culture; BLS 385 American Motherhood; CTR 314 Recreation Services with Underrepresented Groups; ECO 100 Economics of a Global Sustainable Society; HDF 392/SWK 392 Child Maltreatment; HEA 307/ENT 307 Global Health; HEA 350 Race, Ethnicity, and Health.
     - HEA 433 Gender and Health OR NUR 330 Global Perspectives on the Health of Women
     - IGS 200 Introduction to International and Global Studies; PSC 290 The Politics of the Non-Western World; PSY 346 The Psychology of Gender; PSY 370 Ethnicity, Development, and Psychopathology; REL 248 Comparative Religious Ethics; REL 254 Religion in Traditional Societies; SES 200 People with Disabilities in American Society; SES 460 Home-School Partnerships for Students with Exceptional Needs; SOC 202 Social Problems in Global Context; SOC 225 Race, Class, and Gender: Social Inequalities; SOC 327 Race and Ethnic Relations; SOC 329/WGS 329 Sociological Perspectives on Gender; SOC 354 Work and Gender; SOC 364 African American Social Thought; SOC 419/WGS 419 Gender, Crime, and Deviance; SWK 584 Social Services for Children; WGS 250 An Introduction to Women’s and Gender Studies; WGS 270 Sexuality and Culture; WGS 350 Introduction to Feminist Theories.
   - **Group B Foreign language for three 3 s.h. or 6 s.h. may also apply.**
     - ATY 342 Human Growth and Development; CED 310 Helping Skills; CED 393 Adult Violence and Victimization; CST 200 Communication and Community; CST 207 Relational Communication; CST 210 Communicating Ethically; CST 337 Intercultural Communication; CST 341 Communication and Workplace Relationships; CST 344 Conflict Communication; CST 415 Family Communication; GRO 501 Seminar: Critical Issues of Aging; HDF 301 Development of School-Age Children; HEA 201 Personal Health; HEA 260 Human Sexuality; HEA 310 Mental Health and Well-Being; HEA 318 Conflict Resolution and Facilitation Skills; HEA 331 Alcohol, Tobacco, and Other Drugs; HEA 471 Immigrant and Refugee Health; PSY 240 Principles of Learning; PSY 265 Theories of Personality; PSY 275 Introduction to Clinical Psychology; PSY 341 Abnormal Psychology; PSY 375 Psychology of Aging.
     - SES 101 American Sign Language I or ASL 101 Elementary American Sign Language I.
     - SES 102 American Sign Language II or ASL 102 Elementary American Sign Language II.
     - SES 240 Communication Development in Children; SES 242 Introduction to Exceptional Children: Early Years; SOC 222 Sociology of Deviant Behavior; SOC 350 Juvenile Delinquency; SWK 570 Social Services for the Aging.