



# UNCG Gerontology Research Network

Facilitating Transdisciplinary Aging-related Research at UNCG

Wednesday, February 9<sup>th</sup> 2011 Issue 60

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## ANNOUNCEMENTS

### **Fisher Gerontology Dissertation Prize and the Master's Prize Is Due ASAP \*Forms Attached\***

This is just a reminder that the deadline for the Fisher Gerontology Dissertation Prize and the Master's Prize was Sunday, February 6<sup>th</sup>, 2011. If you have a dissertation or thesis that you would like to submit, please let Cal Collins know as soon as possible. The nomination forms are attached.

For more information or to submit a dissertation or thesis, please contact Cat Collins, the executive assistant to the Dean, at (336) 334-5375 or [cecolli2@uncg.edu](mailto:cecolli2@uncg.edu)

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## NEWS - LOCAL

### **Therapeutic Recreation and Gerontology Panel Opportunity: February 11 2011**

#### **\*Handout\***

Title: Lessons learned: an open letter to RT Students and Practitioners--CEUs will be available!

Speaker: Dr. Dave Austin

When: February 11<sup>th</sup> 2011 from 2:45pm-4:15pm.

Location: HHP Building (Health and Human Performance) Room 400 at UNCG.

Dr. Lin Buettner in Recreational Therapy and Gerontology at UNCG has applied for ATRA CEUs for this event and would like to ask for your help in dissemination of this flyer to field work supervisors, RT practitioners in the area, current TR students, and potential TR students at UNCG (undecided, club members, and pre-(fill in the blank). There may be pre-nursing students, kinesiology students, and others that might also have an interest in hearing Dr. Dave Austin speak. Please share this with everyone who may be interested.

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## NEWS - STATE

### **AARP: Workshop About Older Drivers \*Flyer Attached\***

Date: February 18

Workshop Title: "We Need to Talk: Family Conversations with Older Drivers"

Registration Deadline: Monday, February 14<sup>th</sup> until 5pm.

This workshop offers practical tips and advice on how to recognize when it is time to limit or stop driving and how to discuss the topic with your loved ones. The presentation will also include information on driver safety for older adults.

The workshop is free, registration is limited, and lunch is included!

To register, please contact Amanda May, MSG, Caregiver Support Coordinator, Senior Resources of Guilford at 336.373.4816 X 258

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2/9/2011

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Page 1 of 6

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Please send your aging-related research to Sarah Johnson at [sjohns2@uncg.edu](mailto:sjohns2@uncg.edu) with "GRN Newsletter" in the subject line.



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## **Gen Silent:” Area Agency on LGBT Elderly and Equal Treatment \*Attachments\***

*Description: a new LGBT documentary from award-winning director and documentary filmmaker Stu Maddux.*

Description: What would you do if you were old, disabled or ill, and the person who was feeding you put down the spoon and explained that you are going to hell unless you change your sexual orientation? Sound absurd? According to social workers, it’s happening every day.

### Presentation Name: “Gen Silent” Sensitivity Training

When: March 7<sup>th</sup> from 8:30am until noon.

Where: Hospice & Palliative CareCenter. 101 Hospice Lane. Winston-Salem, NC 27105.

Who: Nursing Home Administrators, Adult Care, Home Administrators, Nursing Staff, CNAs, and Social Workers

To Register: Peggy Shadrack at (336) 761-2111.

### Presentation Name: Free Open Event For the Public on “GenSilent”

When: March 13<sup>th</sup> at 8pm

Where: a/perture Cinema; 311 West Fourth St. Winston-Salem

Contact for more information: Holli Ward at (336) 761-2111.

No registration for the free public event is required

Donations will be accepted for The Adam Foundation and Holly Haven.

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## ITEMS OF INTEREST

### **Doctoral Student in Need of Assistance**

Do you know any professionals in the area of gerontology who need some assistance with their research projects over the summer? Elise is trying to get some experience with research in the aging field. It would be free labor!

If you could assist her in any way, it would be greatly appreciated!

For more information, please contact Elise K. Eifert, MS, DrPH Candidate 2014 at [ekeifert@uncg.edu](mailto:ekeifert@uncg.edu).



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## **A Website of Caregiving Resources**

Website Page: <<http://bit.ly/KenPopeCaregiverResources>>

Compiled by Ken Pope, the resources are intended to help both caregivers and the clinicians who work with them to find information, support, and other resources.

Currently the site lists 42 books and 272 articles, and provides links to 50 web sites.

There are about 30 other web pages that give resources in various areas, and as the compiler of this one, Mr. Pope will update this website several times a year so that visitors can find the most current resources. The topics in this website include information for veterans, their families, & those who provide services to them; for those looking for nursing homes or hospices or facing end-of-life decisions; for people with disabilities looking for assistive technologies; and for therapists who are stalked, threatened, or attacked by patients.

If any of you find a book, article, or site that has been particularly helpful, please let Mr. Pope know so that he can add it to this webpage.

You can contact him at: [ken@kenpope.com](mailto:ken@kenpope.com).

## **Opportunity to present research at the 2011 Conference on Aging \*Flyers Attached\***

The conference will take place on May 24, 2011 at Lynchburg College in Lynchburg, VA.

For the first time, the Conference on Aging: Aging Well in Mind, Body and Spirit will have a poster session for individuals to present their research on a topic pertaining to the aging population.

Conference attendees will include professionals and caregivers working with the aging population as well as members of the community interested in learning more about themselves or their loved ones.

Please find attached the “Call for Submissions for Posters” as well as a “Save the Date” flyer that provides you with some information about the keynote speakers for the conference. This flyer also has contact information if you are interested in receiving registration materials for the conference.

## **How to Find Funding Sources Workshop\*Flyer Attached\***

Date: March 22 2011 from 3:00—4:00 pm

Location: Dogwood Room, Elliot University Center, UNCG Campus

Register to attend at <http://grs.uncg.edu/current/workshopforum.html>

Presenter: Dr. Michael Preuss from the Office of Sponsored Programs, UNCG.

For more information, contact Cat Collins at [cecolli2@uncg.edu](mailto:cecolli2@uncg.edu).



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## **7<sup>th</sup> Annual 2011 Aging Exchange!**

Date: Thursday, April 7th, from 3:00-6:00 pm at the Friday Center in Chapel Hill, NC

The UNC Institute on Aging, in collaboration with its co-sponsors, will host this event which is free and open to the public. The program will feature:

- Poster presentations by UNC-CH graduate students and faculty
- Presentation of the Gordon H. DeFriese Career Development in Aging Research Awards
- A reception with light hors d'oeuvres
- A presentation featuring aging research on campus
- An opportunity to network with colleagues, students, and other attendees with an interest in aging-related research

Free parking is available in The Friday Center lot. Directions to the Friday Center can be found on line at: <http://www.fridaycenter.unc.edu/directions/index.htm>.

To register for the Aging Exchange, please contact Diane Wurzinger at

[diane\\_wurzinger@unc.edu](mailto:diane_wurzinger@unc.edu) or by calling (919) 843-2647 no later than Friday, April 1st.

P.S. The call for poster abstracts will be sent soon. UNC-Chapel Hill graduate students, post-doctoral fellows, clinical scholars, AND faculty with an interest in aging are invited to submit abstracts for the event!

## **News from CARES, School of Social Work, UNC Chapel Hill**

Save the date for the 2nd Annual Person-centered Conference, May 12, 2011

Last year's conference included breakout sessions for in-depth work with person-centered thinking and planning tools and get-acquainted sessions for professionals from different fields to learn about how person-centered tools are being used in various settings. There were networking opportunities during the poster session and an excellent panel discussion with organizations that are implementing person-centered practices at all levels.

This year's conference will build on last year's sessions and provide more information about continuing successes in NC with person-centered tools. A panel discussion is planned to explore the topic of health care for adults with developmental disabilities and how person-centered planning works in medical settings. A special track on sustainability and person-centered practices will introduce successful approaches to person-centered support in unique and creative community settings, with a special emphasis on contributions and community connections with those who use supports.

Plan now to attend this energizing conference! There will be valuable information for professionals working in aging, developmental disabilities, mental health, substance abuse, health care, as well as for interested community partners.

Registration information will be available soon.

For more information on all CARES related topics, please contact Margaret Morse, CARES, School of Social Work, UNC-Chapel Hill at [mmorse@email.unc.edu](mailto:mmorse@email.unc.edu) or (919) 962-6483.



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## News from CARES, School of Social Work, UNC Chapel Hill, Continued

### CARES Training in 2011

Please visit them at <http://ssw.unc.edu/cares/trnall.htm> or register on line at [NCSWLearn.org](http://NCSWLearn.org).

- \* Beginning with the End in Mind (March 24, Pinehurst)
- \* Ethics in Everyday Practice (March 9, Chapel Hill)
- \* Substance Use and Older Adults (February 11, Bolivia)
- \* Effective Social Work Practice in Adult Services (February 1-3 and 15-17, Dallas; May, Asheville, date TBD)
- \* Working with Older Adults (February 22-23, Asheboro, & May 3-5 and 17-19, Chapel Hill)
- \* Serious Mental Illness (March 3-4, Hickory, & April 5-6, Brevard)
- \* Cognitive Impairments (April 27-28, Statesville; June 1-2, Boone)
- \* Effective Supervision and Management in Adult Services (May 23-26, modules 1, 4, & 5; June 13-16, modules 2, 3 & 6; Burlington)

For more information on all CARES related topics, please contact Margaret Morse, CARES, School of Social Work, UNC-Chapel Hill at [mmorse@email.unc.edu](mailto:mmorse@email.unc.edu) or (919) 962-6483.

## **New Book on How We Care for Our Elderly in America: “Don’t Bury Me Yet” by Blanca Miller**

### Issues of Aging as Discussed in This Book

- Comparative perspective between the elderly and their relatives—using personal interviews.
- Review of trends in care of the elderly in our society.
- Awareness of elderly abuse at home and in nursing homes.
- Encouraging compassionate interaction with the aged, volunteerism and preplanning for end-of-life care.

College students engaged in the study of health issues and Gerontology will find a contextual framework in the nonfiction book, “Don’t Bury Me Yet—Aging in America: the last days of our elderly loved ones,” by Blanca Mesías Miller. The book, a recipient of The North Carolina Society of Historians 2010 Willie Parker Peace History Book Award, is based on a seven-year study of nursing-home and residential needs and care of the elderly in Western North Carolina and Québec, Canada. The author’s work led to a series of newspaper publications (*Asheville Citizen-Times*) in 1999 and triggered changes in legislation at both the state and national level. The book is a compassionate treatment of a challenging problem in our society. It does not simply point out problems but offers solutions.

Visit [www.gratefulsteps.com](http://www.gratefulsteps.com) for ordering and for more information. To receive a complimentary copy of “Don’t Bury Me Yet, Aging in America, the last days of our elderly loved ones” and to discuss discounts for bulk ordering, contact the publisher, Grateful Steps, at 828-277-0998. It is available to campus libraries and bookstores and for classroom instruction. Visit the author’s website for more information: [www.blancammiller.com](http://www.blancammiller.com).

2/9/2011

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Page 5 of 6

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## **New Recreational Therapy Assessment Tool that Aligns with MDS 3.0: Need help testing the tool**

By Dr. Linda Buettner

Dear RT Friends and Colleagues,

Several of us have been working on revising the Farrington assessment tool (Buettner, Richeson, Connolly, Fitzsimmons) so that it aligns with the MDS 3.0 for use by recreational therapists working in skilled nursing settings. The research team has completed several revisions during the content validity phase (fall 2010) and now they need about 10-20 CTRS's to try the tool, provide treatment, and re-evaluate using the tool again after 2 weeks of RT interventions. They would need a pre- and post-treatment copy (without names or any personal information) to help us in the next phase of evaluation. We need to do this immediately to allow time for analysis before April 3-4, 2011 as Dr. Buettner would like to present the findings at a MDS 3.0 think tank in Washington, DC.

It is an important time for all of us, but critical for LTC recreational therapists to prove their viability by providing physician ordered treatment and documentation in Section O. This assessment tool is designed to help the CTRS determine a treatment plan and measure outcomes based on the various sections of the MDS. Dr. Buettner would like to present the findings of this small evaluation of the tool during the first week in April in Washington DC at a special conference on taking the MDS 3.0 to the next level. The conveners are specifically looking for evidence that QOL of residents can be changed by specific disciplines—they are looking for assessments that build on the MDS and show positive outcomes.

If you could assist the research team in testing this tool with Medicare eligible residents please contact Dr. Buettner directly at: [llbuettn@uncg.edu](mailto:llbuettn@uncg.edu) and she will email you the final copy of the RT Assessment for Long Term Care and the instructions for your use.

Thank you in advance on behalf of the research team:

L. Buettner, N. Richeson, P. Connolly, and S. Fitzsimmons

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Page 6 of 6

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