

Taking Charge!

Group Activity

Case Study:

Self-determination element child/youth needs to develop:

Choice-making	Decision-making	Problem-solving	Goal setting
Self-regulation	Leadership	Self-advocacy	Self-awareness
	Self-Efficacy	Perception of Control	

Which material is appropriate?

SDLMI Speak Up! Child-Led Treatment Plan Meeting Charts/Checklists

Who will be involved in the implementation?

How will the material be implemented? How will it be incorporated into your PT treatment/session?

Obstacles to implementing use of material:

Ways to address obstacles: